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## The Advocis Book Club - Our Next Title!

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# Sharpen your focus with the Advocis Book Club!

As the natural world becomes warmer and more inviting, our thoughts turn to how we can be less captivated by technology and more in control of the role it plays in our lives. This is why our next title in the **Advocis Book Club** is **Indistractable: How to Control Your Attention and Choose Your Life** by **Nir Eyal**.

In this empowering book, Nyal provides a practical and optimistic guide to how we can all benefit from the power of modern technology without being ruled by our devices. Nyal's background as a behavioral design expert and

The Advocis Book Club is managed by PBC Guru.  
To ensure you don't miss out on this opportunity to **Control Your Attention and Choose Your Life**, click the button below.

The give a whole new meaning to the word "control" and if you have ever been provided a great experience for all participants.

Staff from Advocis are participating and assisting with moderation as well.

As a member, all you need to do is show up and enjoy!

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